

Psoriasis Treatment Protocol

HOME CARE BODY TREATMENT

- ☐ Cleanse just the effected areas with **Glycolic Cleanser** or **Bacteriostat Cleanser**
- ☐ Apply Glycolic 20% Skin Cream to affected areas once daily.
- ☐ Apply **Inhibiting Gel** to affected areas once daily
- □ 50 mg zinc supplement daily

* The Glycolic acid in these products helps remove damaged surface skin cells. It also stimulates restructuring and rebuilding on skin cells that are deeper. The zinc helps to maintain the mucosal membranes and the skin's integrity. This is an aggressive treatment and may cause skin sensitivity for the first week, especially if open lesions are present.





Before:





After 30 days: